

# FOODSHARE FOOD LIST

## Homeless Food

The following items are on request by the homeless and people in temporary accommodation. This is the most convenient food for them.

- \* Pot Noodles
- \* Multipack cereal
- \* Cans of soft drink
- \* Bottle of still water
- \* Full fat or semi-skimmed UHT Milk
- \* Biscuits
- \* UHT Milk
- \* Crisps
- \* Chocolate
- \* Boiled sweets
- \* Multi-pack snack biscuits
- \* Peanut Butter (plastic tub)
- \* Peanuts/nuts

## Ring Pull Tins Only

- \* Tinned Spaghetti with sausages
- \* Ring Pull - Tinned Rice Pudding
- \* Tinned Mackerel

## Family & Individual

- \* Cuppa Soup
- \* Small coffee jars
- \* Individual rice pouches
- \* Individual pasta sachets
- \* Baked Beans
- \* Tinned soup
- \* Tinned ravioli
- \* Tinned Macaroni
- \* Tinned meat
- \* Children's cereal
- \* Multi-pack snack biscuits
- \* Tinned tuna (ring pull)
- \* Tinned Spaghetti
- \* Tinned tomatoes
- \* Biscuits
- \* UHT Milk
- \* Crisps
- \* Tinned Vegetables
- \* Tinned Fruit
- \* Tinned Rice Pudding
- \* Tinned Custard

## School Holiday Food

We like to supplement family bags with children during the school holidays with the following items.

- \* Children's cereal
- \* Multipack cereal
- \* Spreads for bread/toast
- \* Biscuits
- \* UHT Milk
- \* Crisps
- \* Multi-pack snack biscuits
- \* Dried fruit or raisins
- \* Peanuts
- \* Sanitary wear
- \* Nappy sacks
- \* Nappies
- \* Vitamin Supplements